



Door of Opportunity Voice

People's Rights



Volume 1 Issue 2

May 2009

The People's Rights group of Door of Opportunity met on Thursday, May 7, 2009 at 4pm. The meeting was held on the patio at the Wellhead Restaurant. Snacks and drinks were served, but not until after business was conducted. This was the first business meeting held since this year's election. Incumbent president, George Gomez facilitated the meeting. Everybody wished Billy J. a happy birthday on this day as well. A review of duties for each incoming officer was completed. A "Rights Review for the month" was read and discussed. **"You have the right to say 'NO' to anybody trying to change the way you act, by hurting you, scaring you, or upsetting you."** The individuals were asked to discuss and give examples. Well Done!! Treasurer, Billy Jacobsen gave his report. A deposit of \$92.01 was made to People's Rights in the month of May. Pledges were also received at the meeting. Leah Smith, Advisor, asked for feedback on the new form for individual money management. The input was positive. Members like the new format, so we will continue to use it. April's newsletter was distributed..

The next monthly meeting for People's Rights will be held on **Thursday June 11, 2009@4pm.**

It will be held at:

Door of Opportunity Conference and Training rooms.

Guest Speaker: Susan Caley, RN/VPCA

Susan will be reviewing your new health assessments and getting feedback from the group.

*Rights review and education will occur as well.

*Refreshments will be served. **Guests are welcome. For questions call Leah Smith@746-9642. Hope to see you there. Thank you.



Inside this issue:

Who Said Retirement Was Boring?	2
We Are Star Rangers	2
Special Olympics Summer Games	3
May Day Breakfast	3
Meals on Wheels	3
May Is Mental Health Month	4
Job Opportunities	4



Literacy Council Graduation written by Joy Stuffelbeam

On Tuesday night, May 19, 2009, 5 students who attend Artesia Literacy Council had their graduation ceremony. They have worked hard this year on subjects like Math, Reading, and Science. The students were John McDill, Cris Diaz, Lynette Martinez, Cheryl

Kenney and Lynn Wehunt. They are all looking forward to returning next year. Individuals participate in literacy council in order to accomplish future GED opportunities or to learn how to read and study better. A big thank you needs to go out to their tutor, Sharon Caldwell,



for all her time and patience with our individuals.

Cris Diaz says, "I enjoyed it. I learned a lot. I learned how to read more, write better, and I learned math addition and multiplication. It was a great experience. The teacher is great!"



Who Said Retirement Was Boring?

Not Lynn and Wanda Johnson, that's for sure. Door of Opportunity welcomes the Johnson's with open arms. The couple was married in Artesia in 1988 and still resides in this lovely community. Lynn just recently retired in March 2009, from the military, Army branch specifically. He was active duty for 27 years, but was involved with the military for a total of 37 years. Wanda retired in 2007 from Duke Energy where she worked for 30 years. Prior to that, Wanda was teaching. Lynn has his Masters degree in social psychology from Cambridge International, while Wanda possesses her Bachelor's degree in Education. Both educational backgrounds are very appropriate for working at DOO.

Both Lynn and Wanda have been working with DOO since April 2009. When asked what made you decide to work at DOO, they both had different responses. Lynn reports that he didn't want to quit working, but didn't want to feel tied down 24/7. Lynn worked with cadets and kids and feels like this is similar, just different circumstances. Wanda states that her experience and being a new set of eyes, helps with providing guidance and focus to the programs. She also remarks that "when I was teaching school or building trailers in the oilfield, I never experienced such a reward. Improving and accomplishing goals no matter how big or small, even if it takes baby steps, is big for the individuals here." They both report that they enjoy going through life experiences together, as a couple.

"We are still learning and deciding if this is a good fit for us." The Johnson's prefer to work with people and for people. "We work because we enjoy helping people." Both Lynn and Wanda have made a difference in the lives of many people. They hope to do the same at DOO. They claim there is "never a dull moment" at DOO. They look forward to helping individuals learn to socialize and be in the community. The job certainly doesn't end as the sun goes down. The Johnson's plan to gain the respect of people served on an individual basis. Wanda says, "You must treat every individual as an individual."

Some of the training classes that the Johnson's have enjoyed the most, so far, include Handle with Care, Seizure Training, and Communication & Choice Making. They feel like the classes have helped prompt them to ask the right questions when on the job.

We could learn a lot from Lynn and Wanda Johnson. Their work ethics include: **"Be on time, take care of business first, and do what's right even when no one is looking."** It has obviously worked for them.



We are Star Rangers!! ***written by Chris Padilla***



Approximately 2-3 weeks ago, our Sci-Fi club, the Star Rangers, had the privilege of attending the Star Trek movie at the Land of the Sun movie theatre in Artesia, NM. They were invited and provided free passes to the movie by the manager that had heard of the Star Rangers. The manager, Maria Escamilla, met with the Star Rangers and requested their assistance in putting up posters at Door of Opportunity and several other locations around town. In return, she provided free passes to the movie for members of the club due to their participation in advertising the movie. To our surprise, we were greeted at the Land of the Sun by a friendly message located up on the marquis which said "Welcome Star Rangers"; a very special welcome!



The Star Trek movie was enjoyed by all! We were very grateful to the Land of the Sun for their remarkable generosity. What an excellent demonstration of building and expanding meaningful relationships within the community!.....

Special Olympics Summer Games May 29-31, 2009 Albuquerque, NM

21 Athletes from Door of Opportunity participated in this years track and field games!

Special Olympics was a wonderful time in 2009! The weather was beautiful, a comfortable 72 degrees, and the hotel was luxurious. The Door of Opportunity bocceball players did an excellent job, bringing home a lot of gold medals. The walkers and runners made a good showing too, while the cyclists brought in more than their share of the "gold." It was the first year for some athletes, such as Cody W., Ronald G, and Cris D. They were all impressive and enjoyed the trip. On Saturday night, there was a dance and everyone had

a great time. The theme of the dance was Greek, so the athletes, partners, coaches, and sponsors were asked to wear togas in celebration of the event. The Door of Opportunity Special Olympics group looked the best. Everyone was dressed in their togas and headbands that Nicolette helped them make. They were the most celebrative people in the group and the best dressed Greeks there. Byron Bartley took a lot of pictures and Nancy Bartley cheered on everyone. More pictures are available for viewing if anyone wants to see them, just come by the office.

It was a great time had by all and can't wait to do it again next year.



DOO Greeks were the best dressed there.

May Day Breakfast

The annual May Day Breakfast was held at the Presbyterian Church in Artesia, NM. The Mack Chase Corporation donated tickets so that individuals at Door of Opportunity could attend.

The breakfast started on Friday morning, May 1, 2009 at 6:00 am. Many of the individuals were able to attend and had the biggest breakfast ever. Sausage, bacon, pancakes, eggs, and biscuits were served along with orange juice, milk, or coffee. What a way to start the day and the month.

Thank you Mack Chase!!



Be sure to listen to Door of Opportunity news on **Thursday mornings@8:20a.m.**



Meals on Wheels written by Sharon Siegenthaler

The Meals on Wheels program was developed to serve anyone who lives alone and unable to prepare his/her own meal, whether elderly, ill, convalescent, or on a specific diet. Meals are planned and prepared for special diets at the Artesia General Hospital kitchen. The coordinator works closely with the dietician at the hospital to assure that all meals are prepared per physicians order. It is also the coordinator's responsibility to make sure containers and

lids for meal delivery are submitted to the hospital kitchen in a timely manner.

The coordinator must implement and maintain all areas needed to provide service to all Meals on Wheels recipients. The coordinator continually solicits volunteers from the community to assist in the delivery of meals and schedules the volunteers on designated routes for each week throughout the year. Applicants are interviewed



and a determination is made to whether or not they qualify.

Sharon Siegenthaler, the coordinator for Meals on Wheels says, "Since my position began, the routes have grown from 2 to 3 routes. My goal is to continue to bring awareness of this wonderful service to our community and to enhance the program by bringing dignity and respect to those we serve.

Door of Opportunity

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May is Mental Health Month

These are proven, practical tools that can help you cope better with stress:

1. Connect with others
2. Stay positive
3. Get physically active
4. Volunteer to help others
5. Get plenty of rest
6. Create joy and satisfaction
7. Eat well
8. Take care of your spirit
9. Develop problem solving strategies
10. Get professional help if you need it

If you feel inclined to do so, PRAY.

Milestones Wellness Center, 746-8890



Check out Albert Anderson's movie review radio show on **Mondays @ 8:20AM** Tune in to AM 990 or view online@www.ksvpradio.com

Job Opportunities



Door of Opportunity, Inc.

JOB FAIR and OPEN HOUSE

Saturday, June 13, 2009

8am-12pm

Applications accepted and interviews conducted on the spot!

Join the KSVP country music jammer at

108 South 14th Street for coffee and donuts

CPR Certification 8am and 10 am- Free to the public

CPR Re-Certifications throughout the morning

Join the team @ Door of Opportunity- Come in and apply for a rewarding job that gives you exceptional starting wages, monthly bonuses, and pay increases.

Call 746-9642 for more information.